



Winter 2019 Program Guide – Session II



MannPower is an after-school enrichment program administered by the PTO. Classes are filled on a first come, first served basis. Please email any questions to the MannPower team at Mann.Power@live.com.

- **Registration opens on Sunday, Dec. 16 at 2:00 p.m. and closes on Sunday, Dec. 23 at 2:00 p.m.**
- Session II runs the weeks of Jan. 7 through Mar. 15. **No classes 1/21, 1/28 - 2/1, 2/15, 2/18.**
- Please register and pay by credit card [online](#). **There will no longer be a 3% fee for credit card payments.**
- Scholarships are available for up to two classes per session. Please email requests to Mann.Power@live.com.
- Classes may be canceled due to insufficient enrollment. If you need to cancel enrollment, [email us](#) as soon as possible. **The deadline to cancel and receive a refund is Sunday, Jan. 13 at 2:00 p.m.**

	K	1	2	3	4	5
Monday						
Clay Club K-2	✓	✓	✓			
Chess Club Beginners	✓	✓	✓	✓	✓	✓
Sphero SPRK+ Coding		✓	✓			
Dance Party	✓	✓	✓	✓	✓	✓
All Sports and Games	✓	✓	✓			
Las Piñatas			✓	✓	✓	✓
Tuesday						
Clay Club 3-5				✓	✓	✓
Chess Club Intermediate/Advanced	✓	✓	✓	✓	✓	✓
Hot Wheels Speedometry™		✓	✓	✓	✓	✓
NEW Electronics–GIRLS STEM				✓	✓	✓
Mighty Mann Mustangs: Fundamentals of Cheer			✓	✓		
Buddha Belly Kids Yoga	✓	✓	✓			
Wednesday (2:30-4:00 p.m.; 1.5 hrs unless noted below)						
After-school Basketball				✓	✓	✓
Buddha Belly Kids Yoga	✓	✓	✓			
NEW Gadgets				✓	✓	✓
Parkour/Ninja Warrior (2:30-3:30)			✓	✓		
Thursday						
Chess Club Intermediate/Advanced	✓	✓	✓	✓	✓	✓
Lego Club	✓	✓	✓			
Baton Twirling for Beginners				✓	✓	✓
Reading Rainbow Adventures		✓	✓			
Scrapbooking			✓	✓		
Mighty Mann Mustangs: Fundamentals of Cheer					✓	✓
Drama Club	✓	✓	✓			
Friday						
Chess Club Beginners	✓	✓	✓	✓	✓	✓
Just for Girls: Sports of All Sorts			✓	✓	✓	✓
Playing Shakespeare					✓	✓
Lego Mindstorm Robotics				✓	✓	✓
Little Bits Workshop		✓	✓	✓	✓	✓

***NEW* to MannPower - Math Factor for Grades 1-5**

This program is designed to support our students who are currently at the 80th percentile or below or whose former teachers' assessments deem them to be in this range. The goal for our Mann Factor is to sharpen speed with math facts, strengthen your child's knowledge of different math concepts and help support your family's effort in building your child's confidence and capacity in math.

	K	1	2	3	4	5
Monday						
Math Factor – 1 st grade		✓				
Math Factor – 2 nd grade			✓			
Math Factor – 4 th grade					✓	
Math Factor – 5 th grade						✓
Thursday						
Math Factor – 3 rd grade				✓		

Clay Club (K - 2nd) – Min 5/Max 15

Due to high demand, please only register your child(ren) for Clay Club K-2 one session per school year.

By Mr. Schmidt

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in the art room

Explore the qualities of clay as you create. All materials included.

Cost: \$95

Please note: *To attempt to accommodate the demand, we will offer the first five waitlisted spots from Session I an opportunity to pre-register in Session II Clay K-2nd (held on Mondays). One week before Session II registration opens, emails will be sent to those waitlisted families, and they will have three days to decide if they want the spot. If they accept, they will be pre-registered into the upcoming Clay K-2nd session, thus eliminating up to five of the 15 available spots. If they decline, their waitlist spot will NOT carry over into session III. **Any newly waitlisted students from Session II will be given the opportunity to pre-register into Session III Clay K-2nd (held on Tuesdays).** Spring waitlists will NOT carry over into the next academic year.*

Chess Club Beginners (K - 5th) – Min 10/Max 20

Mr. Hayward & Mr. Zander

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in the fifth grade pod on the second floor – Mr. Hayward's room

This class is ideal for students who are new to chess or who are still beginners. Learn the basic rules and play games with others at your own level in a non-competitive environment.

Cost: \$95

Sphero SPRK+ Coding (1st and 2nd) – Min 6/Max 10

By Code Play Learn

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in the Teachers' Lounge

[Learn About Sphero Sprk+](#)

This tool allows kids to explore programming through play. With the SPRK+ we can learn the fundamentals of coding; events, if statements, loops and more. The best part is that the kids can see how their code worked immediately enabling them to evaluate what they did, what they thought would happen and what actually happened. This Problem Based Learning approach enables each child to develop his or her ability to think creatively, work collaboratively, and reason systematically. Code Play Learn will supply all the Sphero SPRK+ equipment and tablets with the SPRK Lightning Lab App installed.

Cost: \$110

Dance Party (K - 5th) – Min 5/Max 10

By Mr. Jerkatis

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in Mr. Jerkatis' classroom – room 210

Students will meet new friends and dance to the latest hits and classics!

Cost: \$80

All Sports and Games (K - 2nd) – Min 10/Max 30

By 3Point Athletics www.3pointathletics.com

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in the Gym

Children will enjoy a variety of sports and old school playground and gym games. Kickball, whiffleball, capture the flag, dodgeball and many more.

Cost: \$90

Las Piñatas (2nd - 5th) – Min 10/Max 15

By Ms. Munoz & Mrs. Baylian

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in Spanish Room classroom – room 308

Piñatas are an essential part of any Latin American fiesta. In this class you will create, design and decorate your own piñata. Students will start with newspapers and a balloon and finish with a beautifully decorated piñata to stuff and break at home.

Cost: \$95

Math Factor (1st) – Min 6/Max 12

By Ms. Cairns

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Ms. Cairns' room

This program is designed to support our students who are currently at the 80th percentile or below or whose former teachers' assessments deem them to be in this range.The goal for our Mann Factor is to sharpen speed with math facts, strengthen your child's knowledge of different math concepts and help support your family's effort in building your child's confidence and capacity in math.

Cost: \$90

Math Factor (2nd) – Min 8/Max 16

By Ms. Mariani and Ms. Germanier

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

2nd grade classrooms

This program is designed to support our students who are currently at the 80th percentile or below or whose former teachers' assessments deem them to be in this range.The goal for our Mann Factor is to sharpen speed with math facts, strengthen your child's knowledge of different math concepts and help support your family's effort in building your child's confidence and capacity in math.

Cost: \$90

Math Factor (4th) – Min 8/Max 16

By Ms. Datz and Mrs. LaHucik

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

4th grade pod

This program is designed to support our students who are currently at the 80th percentile or below or whose former teachers' assessments deem them to be in this range.The goal for our Mann Factor is to sharpen speed with math facts, strengthen your child's knowledge of different math concepts and help support your family's effort in building your child's confidence and capacity in math.

Cost: \$90

Math Factor (5th) – Min 8/Max 16

By Mrs. Pryor and TBD

Mondays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in the fifth grade pod on the second floor

This program is designed to support our students who are currently at the 80th percentile or below or whose former teachers' assessments deem them to be in this range.The goal for our Mann Factor is to sharpen speed with math facts, strengthen your child's knowledge of different math concepts and help support your family's effort in building your child's confidence and capacity in math.

Cost: \$90

Clay Club (3rd - 5th) – Min 5/Max 15

By Mr. Schmidt

Tuesdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in the art room

Explore the qualities of clay as you create. All materials included.

Cost: \$105

Chess Club Intermediate/Advanced (K - 5th) – Min 10/Max 35

By Mr. Hayward and Mr. Zander

Tuesdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in the fifth grade pod on the second floor – Mr. Hayward's room

For those who already understand the rules of chess, intermediate/advanced chess offers students the opportunity to learn more about the game of chess and improve skills and strategy, while playing friendly games and competing at an ability-appropriate level.

Cost: \$105

***NEW* Electronics – Girls STEM (3rd - 5th) – Min 10/Max 14**

By Code Play Learn

Tuesdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in the teachers' lounge

Using LittleBits brightly colored electronically components students learn how to build circuits. Each hands-on project allows students to explore circuits and power. Through their creation kids will learn to be creators, and makers, while developing critical problem solving skills.

Cost: \$135

Hot Wheels Speedometry™ (1st - 5th) – Min 5/Max 10

By Mr. Jerkatis

Tuesdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in Mr. Jerkatis' classroom – room 210

Using Hot Wheels cars and tracks, the students work in collaborative learning groups to deepen their understanding of speed, angles, slopes, collisions, kinetic energy, and potential energy.

Cost: \$100

Mighty Mann Mustangs: Fundamentals of Cheer (2nd - 3rd) – Min 5/Max 25

By Ms. Bell

Tuesdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Gym

Hands on program led by a professional and National Youth Cheerleading Certified Coach that incorporates skill development and provides a broad exposure to a team sports and building social engagement with others. Program will focus on exposure to a team sport that involves athleticism, teamwork and dedication. Students will learn how to make long lasting friendships, feel a sense of community within the school, and learn to have respect for their teammates and coach and develop good verbal and nonverbal communication.

Cost: \$95

Buddha Belly Kids Yoga (K - 2nd) – Min 5/Max 15

By Buddha Belly Kids Yoga www.buddhabellykidsyoga.com/

Tuesdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in the fifth grade pod on the second floor

Buddha Belly Kids Yoga is dedicated to nurturing kids' innate desire for movement and play. Yoga is introduced through thematic classes. We explore yoga through co-created poses, partner yoga, stretching, storybooks, dance, singing and games. Children have the opportunity to let their creativity flow through our co-creation model. This allows participants to share their ideas with others and add to the spontaneity of the class. We incorporate traditional yoga poses and sequences and conclude

with relaxation techniques to deepen self-awareness and increase children's overall yoga practice. Most importantly, we focus on having fun while finding the magic of yoga!

Cost: \$155

*****Please note the new times for Wednesday classes. Most classes run 1.5 hours*****

After-school Basketball (3rd - 5th) – Min 10/Max 40

By 3Point Athletics www.3pointathletics.com

Wednesdays from **2:30-4:00 p.m.** the weeks of January 7 through March 15 (9 classes)

Held in the gym

Come out and play as we have fun learning the fundamentals of the game with unique drills, games, and contests that will keep you active after school. 3 Point Athletics' team of engaging and knowledgeable instructors will blend the perfect amount of skill instruction with organized games and fun activities to create a class that is productive, positive, and fun! The class will allow for skill appropriate groupings to customize the coaching for all skill levels and levels of playing experience.

Cost: \$155

Buddha Belly Kids Yoga (K - 2nd) – Min 5/Max 15

By Buddha Belly Kids Yoga www.buddhabellykidsyoga.com/

Wednesdays from **2:30-4:00 p.m.** the weeks of January 7 through March 15 (9 classes)

Held in the fifth grade pod on the second floor

Buddha Belly Kids Yoga is dedicated to nurturing kids' innate desire for movement and play. Yoga is introduced through thematic classes. We explore yoga through co-created poses, partner yoga, stretching, storybooks, dance, singing and games. Children have the opportunity to let their creativity flow through our co-creation model. This allows participants to share their ideas with others and add to the spontaneity of the class. We incorporate traditional yoga poses and sequences and conclude with relaxation techniques to deepen self-awareness and increase children's overall yoga practice. Most importantly, we focus on having fun while finding the magic of yoga!

Cost: \$205

Gadgets (3rd - 5th) – Min 5/Max 14

By Code Play Learn

Wednesdays from **2:30-4:00 p.m.** the weeks of January 7 through March 15 (9 classes)

Held in the teachers' lounge

Students will create electronic gadgets and STEM inspired art projects. During our classes students will learn the fundamentals of electrical circuits by working on a variety of hands-on projects. Our projects allow students to explore LEDs, motors, switches, batteries, and wires while they will produce some exciting gadgets. Additionally, the students will participate in several math inspired art projects. They will learn about fractals, Fibonacci number sequences, tessellation patterns and hypercubes while honing their measuring skills with rulers and compasses

Cost: \$230

Parkour / Ninja Warrior by Flipside Academy (3rd and 5th) – Min 10/Max 15 **Note: 3:30 dismissal**

By Flipside Academy www.flipsideacademy.wordpress.com/

Wednesdays from **2:30-3:30 p.m.** the weeks of January 7 through March 15 (9 classes)

Held in the auditorium

Learn basic Parkour skills and movement skills in a fun and safe environment. Our goal is to encourage mental, physical, and social growth through movement. Comfortable clothing suggested.

Cost: \$185

Sustainability Ambassadors (2nd - 5th) – Min 5/Max 10

By Ms. Sarah Thompson

Wednesdays from **2:30-4:00 p.m.** the weeks of January 7 through March 15 (9 classes)

Held in the Library

Stewards of the earth and rising activists who want to directly impact waste reduction in our school will join the "Sustainability Ambassadors" group. We will be utilizing the "Don't Throw Me Away: A Zero Waste Curriculum" developed by Seven Generations Ahead to: first conduct a school wide classroom waste audit, then implement a reusable materials art installation

conveying the data results, and finally develop plans for further activism. The projects will be presented to spread environmental education with a focus on maximizing waste reduction through refusing, reusing, composting, recycling, and resource conservation, to the whole student body.

Cost: \$140

Chess Club Intermediate/Advanced (K - 5th) – Min 10/Max 35

By Mr. Hayward and Mr. Zander

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in the fifth grade pod on the second floor – Mr. Hayward's room

For those who already understand the rules of chess, intermediate/advanced chess offers students the opportunity to learn more about the game of chess and improve skills and strategy, while playing friendly games and competing at an ability-appropriate level.

Cost: \$105

Lego Club (K - 2nd) – Min 10/Max 25

By Ms. Cairns and Mr. Jerkatis

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in Ms. Cairns' classroom – room 108

Does your child build and play with Legos nonstop? If so, then Lego Club is the place for them! With thousands and thousands of pieces at their disposal, students can choose to build along with a predetermined theme (town, space, etc.) or simply build their own inventions. Ms. Cairns and Mr. Jerkatis will provide strategies, tips, and their own expertise to enhance your child's Lego mind.

Cost: \$100

Baton Twirling for Beginners (3rd - 5th) – Min 5/Max 12

By Ms. Baylian

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Gym

Looking for a new sport to try? Baton twirling is a challenging but fun sport that anyone can learn! In this class, you will learn some of the basic twirls that baton twirling has to offer. We will also put the twirls together with choreography to show off to your friends! If you would like to order a baton prior to the start of class that is great, otherwise there will be batons that can be borrowed. Batons should be 1-2 inches longer than the length of the arm and should have a 7/16" shaft. Here are two sources where batons may be purchased; [Band Products](#) or [Amazon](#). Come try something new!

Cost: \$95

Reading Rainbow Adventures (1st and 2nd) – Min 10/Max 20

By Ms. Robinson and Ms. Muhammad

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Held in the library

Students will enjoy reading stories that venture them to different countries where they will learn about the history, culture and customs. Each adventure will include an activity to complement what they learn such as a craft, song, dance, etc. Students will benefit from both reading practice and the love of multicultural learning.

Cost: \$115

Scrapbooking (2nd - 3rd) – Min 5/Max 8

By Ms. Mariani's

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Ms. Mariani's Rm

Students will be creating about 1-2 scrap book pages per week to add to **their own books**. (Books will not be provided.)

Please have student send into school between 5-10 photos each week to add to their creative pages! Each week will include a

"theme" and a schedule will be passed out on the first day of class. We will conclude on the last day with a popsicle party! :)

Cost: \$110

Mighty Mann Mustangs: Fundamentals of Cheer (4th - 5th) – Min 5/Max 25

By Ms. Bell

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

Auditorium

Hands on program led by a professional and National Youth Cheerleading Certified Coach that incorporates skill development and provides a broad exposure to a team sports and building social engagement with others. Program will focus on exposure to a team sport that involves athleticism, teamwork and dedication. Students will learn how to make long lasting friendships, feel a sense of community within the school, and learn to have respect for their teammates and coach and develop good verbal and nonverbal communication.

Cost: \$95

Drama Club (K - 2nd) – Min 10/Max 25

By Mrs. Hauser and Dr. Hauser

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (7 classes)

Held in the Music Room

If you enjoy acting, come join us on for a variety of drama and improv games and skits. This is a non-performing class designed to help students explore the world of theater in a non-threatening environment.

Cost: \$95

Math Factor (3rd) – Min 8/Max 16

By Ms. Weck, Ms. White and Ms. Peterson

Thursdays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (9 classes)

3rd grade classrooms

This program is designed to support our students who are currently at the 80th percentile or below or whose former teachers' assessments deem them to be in this range. The goal for our Mann Factor is to sharpen speed with math facts, strengthen your child's knowledge of different math concepts and help support your family's effort in building your child's confidence and capacity in math.

Cost: \$90

Chess Club Beginners (K - 5th) – Min 10/Max 20

Mr. Hayward & Mr. Jerkatis

Fridays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (8 classes)

Held in the fifth grade pod on the second floor – Mr. Hayward's room

This class is ideal for students who are new to chess or who are still beginners. Learn the basic rules and play games with others at your own level in a non-competitive environment.

Cost: \$100

Just for Girls: Sports of All Sorts (2nd - 5th Girls) – Min 10/Max 25

By Ms. MacFarlane & Mr. Zander

Fridays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (8 classes)

Gym

Each week, girls will learn skills about a different sport and have a chance to practice their skills by playing a game at the end of class.

Cost: \$85

Playing Shakespeare (4th and 5th) – Min 5/Max 10

By Doug Rainey

Fridays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (8 classes)

Held in the Auditorium

Come and play with Shakespeare! We'll learn to read and understand Shakespearean language, and figure out what in the world "iambic pentameter" means. And we'll get up and play - a lot! By the end of class, you'll see that Shakespeare doesn't have to be scary, and can actually be tons of fun!

Cost: \$85

Lego Mindstorm Robotics (3rd - 5th) – Min 5/Max 12

By Ms. Baylian & Ms. Munoz

Fridays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (8 classes)

Held in the fifth grade pod on the second floor – Ms. Moncatch's room

Enjoy building things? Want to learn more about programming? Join Lego Mindstorm Robotics! In this class, we will work with the EV3 Programming to code tasks for our custom made lego robots to do. Students will work through different engineering tasks in small groups to design their robots. From maneuvering around obstacles to using sensors to accomplish certain tasks, we will create mini models of real-world robotic mechanisms. Come join the fun!

Cost: \$100

Little Bits Workshop (1st - 5th) – Min 10/Max 24

By Little Bits

Fridays from 3:00-4:00 p.m. the weeks of January 7 through March 15 (8 classes)

Held in the Teachers' Lounge

A variety of craft projects will be offered for children's enrichment through art. Children will participate in one craft project to create painted signs to enhance the The Growing Minds Garden at Mann.

Cost: \$165